



# QUARTERLY REPORTS

## 2024 – Q3

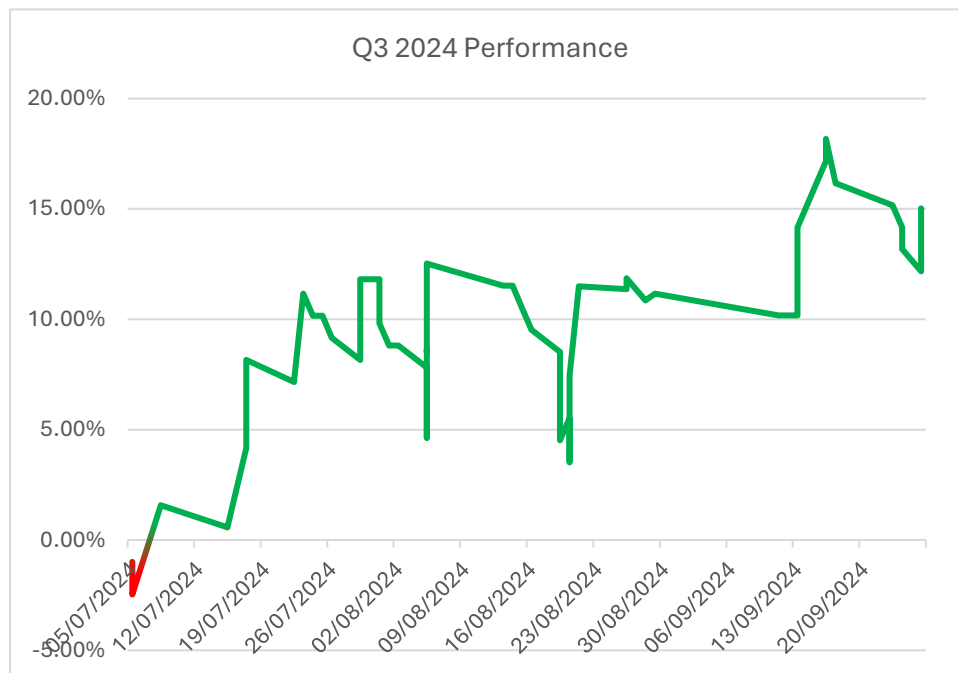
### Introduction to the Golden Egg Strategy:

The **Golden Egg Strategy** is built on precision, discipline, and consistency. Each trade follows a 4:1 risk-to-reward ratio, ensuring that we maximize gains while keeping risk tightly controlled. Trades that do not meet this strict standard are closed before high-impact news events or at the market close on Fridays (9 PM UK time), following our well-defined risk mitigation rules.

### Chart 1: Consistent Growth in the Quarter

Our first chart shows the steady upward trajectory of the account during this quarter, a testament to the consistency and robustness of the Golden Egg Strategy. Each plotted point represents careful decision-making, grounded in solid risk management and market insight. The growing trend reflects how adhering to our risk/reward principles results in sustained account growth.

#### TOTAL RETURNS



**Tip:** "As we can see, the upward momentum continues to mirror the steady compounding effect of our 4:1 ratio, turning small, calculated risks into significant, consistent gains."



## TRADES

## List of Trades:

Here's a detailed breakdown of all the trades executed during this quarter, including entry and exit points. Each trade follows the structured Golden Egg Strategy, with strict risk mitigation for every move. This transparency ensures full visibility into how our trades performed over time.

- "This quarter's standout trades reflect our ability to spot opportunities, stay disciplined, and exit at the right moments."
- "Even trades that didn't hit our 4:1 target were closed out in accordance with our news event rule, keeping risk tightly in check."

No Of Trades												%Gain	RR Total
Trade1	05/07/2024	09:29	GDAXI	Short	18622.8	18639.7	16.9	18639.7	-16.90000	-1.00	SL	-1.00%	-1.00%
Trade2	05/07/2024	17:34	XAGUSD	Short	31.422	31.461	0.039	31.461	-0.03900	-1.00	SL	-1.00%	-2.00%
Trade3	05/07/2024	19:25	AUDCAD	Short	0.92018	0.9208	0.00062	0.92047	-0.00029	-0.47	SL	0.47%	-2.47%
Trade4	08/07/2024	15:12	GBPUSD	Short	1.28445	1.28522	0.00077	1.28134	0.00311	4.04	TP	4.04%	1.57%
Trade5	15/07/2024	19:30	XAUUSD	Short	2419.02	2423.35	4.33	2423.35	-4.33000	-1.00	SL	-1.00%	0.57%
Trade6	17/07/2024	10:36	GBPUSD	Short	1.30374	1.30521	0.00147	1.29844	0.00530	3.61	Manual	3.61%	4.18%
Trade7	17/07/2024	14:38	EURUSD	Short	1.09479	1.09557	0.00078	1.09168	0.00311	3.99	TP	3.99%	8.16%
Trade8	22/07/2024	14:38	SPX500	Short	5561.5	5568.2	6.7	5568.2	-6.70000	-1.00	SL	-1.00%	7.16%
Trade9	23/07/2024	16:17	NDX100	Short	19912	19941.12	29.12	19795.5	116.50000	4.00	TP	4.00%	11.16%
Trade10	24/07/2024	17:50	NDX100	Long	19267.6	19223.7	43.9	19223.7	-43.90000	-1.00	SL	-1.00%	10.16%
Trade11	25/07/2024	04:17	CADJPY	Long	110.223	110.019	0.204	110.223	0.00000	0.00	STE	0.00%	10.16%



Trade1 2	26/07/202 4	17:03	UK100	Short	8315.9	8322.3	6.4	8322.3	-6.40000	-1.00	SL	- 1.00%	9.16%
Trade1 3	29/07/202 4	23:15	XAUUSD	Long	2399.0 2	2401.92	-2.9	2401.9 2	2.90000	-1.00	SL	- 1.00%	8.16%
Trade1 4	29/07/202 4	16:15	XAGUS D	Long	27.386	27.244	0.142	27.904	0.51800	3.65	TP	3.65%	11.81 %
Trade1 5	31/07/202 4	14:35	XAGUS D	Short	287.86 6	287.866	0	287.86 6	0.00000	#DIV/0 !	STE	0.00%	11.81 %
Trade1 6	31/07/202 4	15:18	SPX500	Short	5526.5	5531.2	4.7	5531.2	-4.70000	-1.00	SL	- 1.00%	10.81 %
Trade1 7	31/07/202 4	20:28	XAUUSD	Short	2443.8 7	2446.19	2.32	2446.1 9	-2.32000	-1.00	SL	- 1.00%	9.81%
Trade1 8	01/08/202 4	09:04	GBPUSD	Long	1.2786 7	1.27767	0.001	1.2776 7	-0.00100	-1.00	SL	- 1.00%	8.81%
Trade1 9	02/08/202 4	15:38	XTIUSD	Long	72.9	72.9	0	73.68	0.78000	0.00	STE	0.00%	8.81%
Trade2 0	05/08/202 4	22:01	EURJPY	Long	159.59 7	159.337	0.26	159.33 7	-0.26000	-1.00	SL	- 1.00%	7.81%
Trade2 1	05/08/202 4	23:42	GBPCHF	Long	1.0962 6	1.09535	0.00091	1.0951 8	-0.00108	-1.19	SL	- 1.19%	6.63%
Trade2 2	05/08/202 4	23:45	gbpjpy	Long	186.38 5	186.09	0.295	186.09	-0.29500	-1.00	SL	- 1.00%	5.63%
Trade2 3	05/08/202 4	01:15	AUDUSD	Long	0.6486 3	0.64863	0	0.6518 7	0.00324	0.00	STE	0.00%	5.63%
Trade2 4	05/08/202 4	01:19	WS30	Long	39341	39341	0	39600	259.0000 0	0.00	STE	0.00%	5.63%
Trade2 5	05/08/202 4	05:26	NZDJPY	Long	84.555	84.363	0.192	84.363	-0.19200	-1.00	SL	- 1.00%	4.63%
Trade2 6	05/08/202 4	05:26	EURUSD	Short	1.0935 9	1.09419 7	0.00060 7	1.0911 6	0.00243	4.00	TP	4.00%	8.63%
Trade2 7	05/08/202 4	06:55	GDAXI	Long	17208. 2	17162.6	45.6	17204. 2	-4.00000	-0.09	STE	- 0.09%	8.54%
Trade2 8	05/08/202 4	13:24	XAGUS D	Long	26.549	26.407	0.142	27.114	0.56500	3.98	TP	3.98%	12.52 %
Trade2 9	13/08/202 4	19:06	NZDUSD	Short	0.6073 1	0.60789	0.00058	0.6078 9	-0.00058	-1.00	SL	- 1.00%	11.52 %



Trade3 0	14/08/202 4	07:00	UK100	Short	8297.7	82.97.7	0	8297.7	0.00000	0.00	STE	0.00%	11.52 %
Trade3 1	15/08/202 4	13:39	USDCHF	Short	0.8725 6	0.87369	0.00113	0.8736 9	-0.00113	-1.00	SL	- 1.00%	10.52 %
Trade3 2	16/08/202 4	10:04	GDAXI	Short	18305. 6	18330.6	25	18330. 6	-25.00000	-1.00	SL	- 1.00%	9.52%
Trade3 3	19/08/202 4	15:00	AUDUSD	Short	0.6702 1	0.67097	0.00076	0.6709 7	-0.00076	-1.00	SL	- 1.00%	8.52%
Trade3 4	19/08/202 4	19:06	EURUSD	Short	1.1079 9	1.04867	-0.05932	1.0486 7	0.05932	-1.00	Manua l	- 1.00%	7.52%
Trade3 5	19/08/202 4	19:28	NDX100	Short	19663	19698.1	35.1	19698. 1	-35.10000	-1.00	SL	- 1.00%	6.52%
Trade3 6	20/08/202 4	00:50	NZDUSD	Short	0.6117	0.61264	0.00094	0.6126 4	-0.00094	-1.00	SL	- 1.00%	5.52%
Trade3 7	19/08/202 4	21:30	NDX100	Short	19792. 1	19851.3	59.2	19851. 3	-59.20000	-1.00	SL	- 1.00%	4.52%
Trade3 8	19/08/202 4	19:42	AUDUSD	Short			0		0.00000	0.00	STE	0.00%	4.52%
Trade3 9	20/08/202 4	14:13	EURUSD	Short	1.1102 8	1.11136	0.00108	1.1113 6	-0.00108	-1.00	SL	- 1.00%	3.52%
Trade4 0	20/08/202 4	09:00	GDAXI	Short	18499. 8	18535.1	35.3	18361. 1	138.7000 0	3.93	TP	3.93%	7.45%
Trade4 1	21/08/202 4	19:16	USDJPY	Long	144.56	144.239	0.321	145.85 9	1.29900	4.05	TP	4.05%	11.50 %
Trade4 2	26/08/202 4	09:18	WS30	Short	41267	41307	40	41272	-5.00000	-0.13	SL	- 0.13%	11.37 %
Trade4 3	26/08/202 4	12:50	XTIUSD	Short	76.72	76.97	0.25	76.6	0.12000	0.48	TP	0.48%	11.85 %
Trade4 4	28/08/202 4	09:00	GDAXI	Short	18759. 1	18788.8	29.7	18788. 8	-29.70000	-1.00	SL	- 1.00%	10.85 %
Trade4 5	29/08/202 4	20:20	NDX100	Long	19330	19307	23	19337. 3	7.30000	0.32	TP	0.32%	11.17 %
Trade4 6	11/09/202 4	18:51	USDJPY	Long	141.46 7	141.209	0.258	141.20 9	-0.25800	-1.00	SL	- 1.00%	10.17 %
Trade4 7	12/09/202 4	18:56	NDX100	Short	19462. 3	19462.3	0	19462. 3	0.00000	0.00	STE	0.00%	10.17 %



<b>Trade48</b>	13/09/2024	15:00	SPX500	Short	5623.5	5623.5	0	5623.5	0.00000	0.00	STE	0.00%	10.17%
<b>Trade49</b>	13/09/2024	16:52	WS30	Short	41539	41564.5	25.5	41437	102.00000	4.00	TP	4.00%	14.17%
<b>Trade50</b>	16/09/2024	10:25	WS30	Short	41533	41591	58	41591	-58.00000	-1.00	SL	-1.00%	17.17%
<b>Trade51</b>	16/09/2024	06:28	XAGUSD	Short	31.049	31.1497	0.1007	30.646	0.40300	4.00	TP	4.00%	18.17%
<b>Trade52</b>	17/09/2024	08:35	SP500	Short	5652.4	5656.9	4.5	5656.9	-4.50000	-1.00	SL	-1.00%	16.17%
<b>Trade53</b>	23/09/2024	14:11	AUDUSD	Short	0.68409	0.6849	0.00081	0.6849	-0.00081	-1.00	SL	-1.00%	15.17%
<b>Trade54</b>	24/09/2024	14:18	NZDUSD	Short	0.63104	0.63177	0.00073	0.63177	-0.00073	-1.00	SL	-1.00%	14.17%
<b>Trade55</b>	24/09/2024	21:28	NZDUSD	Short	0.63421	0.63483	0.00062	0.63483	-0.00062	-1.00	SL	-1.00%	13.17%
<b>Trade56</b>	26/09/2024	04:47	NDX100	Short	20166.3	20206.8	40.5	20206.8	-40.50000	-1.00	SL	-1.00%	12.17%
<b>Trade57</b>	26/09/2024	08:22	USDJPY	Short	145.073	145.378	0.305	144.206	0.86700	2.84	TP	2.84%	15.01%

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#### VERIFIED TRANSPARENCY AND REAL-TIME TRADE ACCESS

At **Goose and Egg**, we believe in complete transparency and accountability. That's why every trade you see in this report can be independently verified through one of two trusted sources:

1. **DarwinEx** – an FCA-regulated fund management service, where all trades are audited and tracked in real time. You can explore the performance of our strategy here: [DarwinEx - RLYL Performance](#). - Coming for Q3 2024. See Q3 2024 onwards.
2. **Discord Community Channel** – For those seeking real-time insights, we publish every trade as it happens in our Discord server's Real-Time Trades channel. This allows our community to follow along with our strategy in action and engage with us directly.

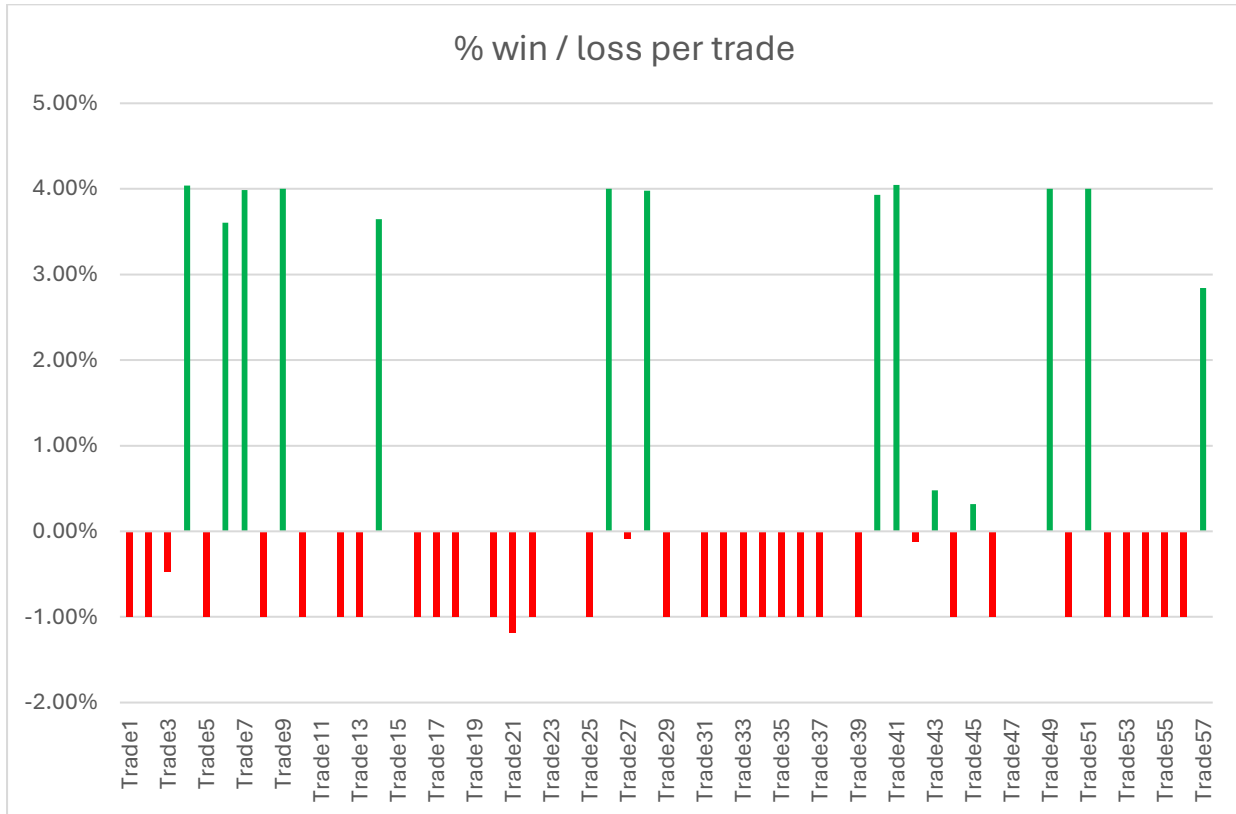
This level of verification underscores our commitment to delivering genuine, consistent results and allows you to see exactly how the **Golden Egg Strategy** performs—every step of the way.



## TRADES WIN/LOSS

**Chart 2: Win/Loss Breakdown (1% Loss, 4% Win)**

Our second chart visually represents each trade’s performance, where the 1% loss and 4% win ratios are clearly highlighted. This bar chart makes it easy to see how our 4:1 risk-to-reward ratio consistently works in our favour over time.



## QUARTERLY ANALYSIS

### OVERVIEW OF KEY METRICS

**Total Trades: 57**

A reasonably active quarter, showing our strategy remained engaged in various market conditions.

**Winning Trades: 13**

These 13 trades, while fewer in number, provided substantial contributions to overall gains, reflecting a high impact per win.

**Losing Trades: 32**

Despite the higher number of losing trades, effective risk management ensured that individual losses were minimized and controlled.

**Win/Loss Ratio: 0.41**



A win/loss ratio of approximately 4:10 reflects the strategy's emphasis on long-term gains through consistent execution rather than focusing on short-term win rates.

### **Total % Gain/Loss: +15.01%**

Despite the challenges, the strategy delivered an impressive +15.01% gain for the quarter, proving that consistent risk management and discipline triumph over the emotional pitfalls of trading.

## IN-DEPTH INSIGHTS

### 1. RISK MANAGEMENT IN ACTION

The quarter saw a high number of losing trades (32), but each was kept in check by predefined stop-losses and other risk mitigation measures. Rather than being reactive, our strategy-maintained discipline, avoiding the common pitfall of letting losses run unchecked.

This disciplined approach to risk control is a major contributor to the +15.01% total gain. By cutting losses early and allowing the winning trades to run, we ensured that each gain had a magnified impact on overall performance, balancing the effects of the losing trades.

### 2. TWO NOTABLE LOSING STREAKS:

Despite a solid overall performance, there were two significant losing streaks—7 and 9 consecutive losses—which could have been emotionally devastating for many traders. Here's what made our strategy stand out:

#### DRAWDOWN ANALYSIS: THE IMPACT OF CONSECUTIVE LOSSES

During the quarter, our strategy experienced a maximum drawdown of 7.99%, largely driven by a series of 9 consecutive losing trades. It's important to highlight the **compound effect** at play here. In a fixed-loss scenario, consecutive losses would theoretically accumulate to a total of 9%. However, the nature of compounding on the downside works in our favour: as the account balance decreases, each subsequent loss is applied to a smaller base, reducing the overall impact compared to a simple additive model.

This is the opposite of compounding gains, where consecutive winners magnify growth over time. On the downside, the compounding effect acts as a buffer, ensuring that while losses are sustained, their cumulative impact is mitigated. This resilience allows our strategy to remain well within acceptable risk parameters, even during challenging periods.

The **drawdown resilience** reflects the core strength of our strategy—risk is carefully managed, and even during periods of consecutive losses, the impact remains contained. This enables us to bounce back and capitalize on subsequent gains without excessive capital erosion.

#### LOSING STREAK 1: 7 CONSECUTIVE LOSSES

This streak tested the strategy early in the quarter. For most traders, this would have triggered emotional decision-making, potentially leading to reactive trades or deviation from the strategy. However, by sticking to the risk management framework, we avoided compounding these losses. The controlled losses in this streak represented only a minor dent in overall performance.

#### LOSING STREAK 2: 9 CONSECUTIVE LOSSES

A streak of this magnitude can be psychologically draining, especially when it happens later in the quarter. However, even after these 9 consecutive losses, the strategy maintained its course. The ability to



recover from such a streak and still produce an overall quarterly gain speaks volumes about the strength of the system. By focusing on long-term returns and not letting short-term losses derail the approach, the strategy proved its resilience.

**Resilience Over Emotion:** These losing streaks highlight a key psychological advantage of our strategy. While many traders might react emotionally to these losses, the automated, rules-based system remained consistent, allowing it to rebound and finish the quarter strong.

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### 3. THE IMPORTANCE OF DISCIPLINE AND CONSISTENCY

The quarter's 15.01% gain, despite the win/loss ratio and two significant losing streaks, emphasizes the importance of **consistency** in trading. This is a testament to the strategy's ability to recover from losses and capitalize on winning trades.

This approach reflects a core truth in trading: The outcome of any single trade doesn't matter as much as the discipline applied over the long term. The emotional stability provided by the automated system helped avoid the all-too-common "revenge trading" that often follows losing streaks, ensuring that the strategy remained on track.

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### 4. PSYCHOLOGICAL BENEFITS OF AN AUTOMATED SYSTEM

**Minimising Emotional Influence:** Trading manually during periods of drawdown is an emotional challenge, and it's easy to make impulsive decisions that amplify losses. Our automated system removed this emotional factor, ensuring trades were executed based on pre-set rules rather than reacting to market fluctuations.

**Trusting the Process:** Even during drawdowns, the strength of our strategy lies in its adherence to the system. Our consistent gains across other trades during the quarter reinforced the wisdom of trusting the long-term strategy over short-term fluctuations.

## SUMMARY OF KEY FINDINGS

- **Resilience Through Losing Streaks:** The two losing streaks of 7 and 9 trades highlight the robustness of our strategy. While many traders would have struggled emotionally, our system demonstrated resilience and discipline, allowing for an eventual recovery and overall quarterly gain.
- **+15.01% Quarterly Gain:** Despite the challenges, the strategy delivered a healthy +15.01% gain, proving that its focus on controlled losses and maximised wins pays off in the long run.
- **Psychological Advantage of Automation:** The emotional steadiness provided by our automated system helped avoid knee-jerk decisions, allowing the strategy to recover and capitalise on profitable trades.

## NEXT STEPS

Going forward, our focus will be on refining the risk-reward balance and continuing to prioritise resilience during periods of market volatility. With a proven track record and the psychological advantage of automation, our strategy is well-positioned for continued success in future quarters.

*"With the summer months behind us, we anticipate increased market volatility, which presents exciting opportunities to deploy the Golden Egg Strategy more frequently."*

## CLOSING REMARKS:





The Golden Egg Strategy continues to shine with **consistent** performance, **strict discipline**, and **risk management** at its core. Our carefully planned 4:1 risk/reward model consistently generates reliable returns, demonstrating the value of staying committed to a winning approach. As we look forward to the next quarter, we remain confident in our strategy and risk mitigation process, which allows us to adapt to market volatility and still come out ahead.

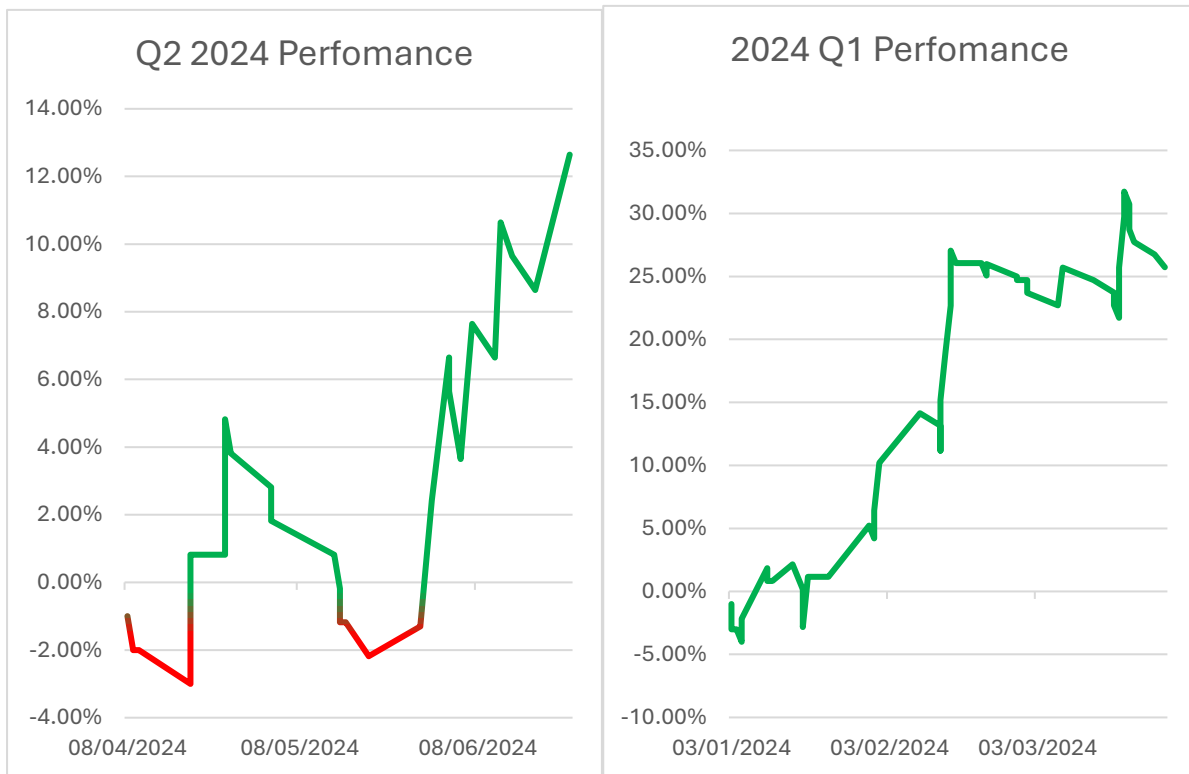
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## LAST 3 QUARTERS



You can find the more detailed reports here <https://gooseandegg.co.uk/quarterly-reports/>